

## Tungnath & Chandrashilla peak Trek



<b>Location</b>	: Garhwal Himalaya, Uttarakhand
<b>Area</b>	: Uttarkashi region
<b>Grade</b>	: Easy to moderate
<b>Co-ordinates</b>	: 30.50 N, 079 .22 E
<b>Max. Altitude</b>	: 4131 m
<b>Season</b>	: Year round
<b>Duration</b>	: 5 Days



**Tungnath temple** is the highest Hindu shrine dedicated to Lord Shiva. The temple is believed to be 1000 years old

**Chandrashilla** is summit of the Tungnath. It literally means "Moon Rock". It is located at a height of 4,131m. This peak provides a spectacular view of Himalayas, especially Nanda Devi, Trishul, Bandarpunch, Kedar peak & Chaukhamba massif.

### Program Itinerary

#### Day 00: New Delhi – Hardwar ( by night train, 4 hrs train journey)

- New Delhi – Hardwar by AC special train. Overnight train journey.

#### Day 01: Delhi –Haridwar–Beach camp, Marine drive (1.5 hrs bus ride)

- Hardwar railway station – Beach camp on Ganges .
- Acclimitisation walk, Expedition planning, equipment & ration distribution
- Overnight stay in safari tents .

#### Day 02 : Beach camp - Devariya Tal ( 7 hrs bus journey, 2 hrs trek)

- Drive from Beach camp - Sari (6-7 hrs)
- Trek Sari village - Devariya Tal 2 hrs
- Camp by beautiful Lake Devariya Tal (2440m). Overnight in dome tents

#### Day 03: Trek Devariya Tal – Chopta (3000m) 6-7 hrs

- 4-5 hrs trek on a ridge & then downhill until Tali village.
- Camp at high altitude meadows of Chopta .
- Camping , bonfire & cooking at camp site . Overnight in dome tents.

#### Day 04: Trek Chopta to Tungnath(3680m) to Chandrashilla 6-7 hrs

- Trek from Chopta- Tungnath – Chandrashilla (4131m)
- Toughest day with constant height gain.
- Mesmerising view of Chaukhamba peak. Explore local flora & fauna
- Chandrashilla – Chopta 2- 2.5 hrs .Overnight in dome tents.

#### Day 05: Chopta to Rishikesh/Beach camp (6-7 hrs bus journey)

- Drive Chopta – Beach camp , 6-7 hrs
- Kit cleaning and equipment handover.
- Bonfire , gala dinner & overnight in safari tents .

#### Day 06: Beach Camp -Hardwar –Delhi

- Drive to Hardwar & site seeing tour of Hardwar .
- In the evening catch Shatabdi express to Delhi.

Optional: Enjoy River Rafting on River Ganges



### Program Highlights:

Camp & Jungle craft  
Navigation skills  
Expedition planning  
Team building  
Eco-sensitivity  
Community interaction  
Mountain Eco-System